

# Eagle Journeys

HFM Camping Adventures



HFM exists to enhance the quality of life for all affected by bleeding disorders ~ [HFMICH.ORG](http://HFMICH.ORG)

## Camp Bold Eagle 2016 Parent Handbook

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# Welcome to Eagle Journeys

## HFM Camping Adventures

Dear Parents and Guardians,

It's almost time for Camp Bold Eagle to begin!

We'd like to thank you for registering and we are eagerly awaiting your child's arrival at camp. Our Parent Handbook is designed to serve as a one-stop resource to answer your questions about camp.

Our CBE staff includes attending physicians, Hemophilia Treatment Center (HTC) nurses, University of Michigan 4<sup>th</sup> Year medical students, as well as individuals with bleeding disorders. We are rich in highly-experienced camp staff, many who attended camp as children themselves. We pride ourselves in having very low staff-to-camper ratios with well-trained, skilled and committed staff to provide superb supervision for your camper.

Additionally, we are continuously working toward developing leadership from within our community. Our Counselor-In-Training program for 16 and 17 year old community members requires that selected individuals go through an interview process and specialized training. This is designed to further leadership skills that encourage future and continued involvement as camp counselors and HFM community leaders.

During our extensive staff orientation we engage in intentional and explicit training sessions that include information about behavior management, bleeding disorder awareness, relationship building, and characteristics of child developmental levels. We train our staff using a Positive Behavior Support Model to encourage positive behavior and prevent negative behavior. We do not use any sort of punitive reaction or punishment to negative behavior. We utilize methods such as redirection, distraction, and conversation. Our HTC nurses and additional camp medical staff provide extensive training about bleeding disorders and how to manage them safely.

Thank you for entrusting your child to us! As former campers ourselves we believe completely in the value and fun that happens at camp. Please feel free to contact us with any additional questions or concerns.

Sincerely,

**Tim Wicks**  
Camp Director/Youth Services Manager  
Email: [twicks@hfmich.org](mailto:twicks@hfmich.org)  
(734)961-3507

**Torey Allen**  
Educational Services Manager/Associate Camp Director  
Email: [tallen@hfmich.org](mailto:tallen@hfmich.org)  
(734)961-3510

HFM (Hemophilia Foundation of Michigan) has offered residential summer camp for children and teens with bleeding disorders since 1969 - we are proud of our distinction as the first hemophilia camping program in the world!

Eagle Journeys/HFM Camping Adventures' programs are provided to allow kids the unique opportunity to spend quality time with fellow campers and counselors who are also living with a bleeding disorder, many becoming life-long friends. Camp also focuses on education about each camper's bleeding disorder and its management while safely challenging them to explore and master new skills in a supportive environment.

HFM's "can-do" philosophy for our camping programs is designed to empower and motivate children and youth with bleeding disorders to seek a life of freedom and independence that isn't limited by their chronic disorder.

We are so excited our summer camping programs are almost here and delighted your child will be with us!

Warm regards,  
Susan Fenters Lerch  
HFM Executive Director

# Eagle Journeys Camp Dates

## *Camp Bold Eagle*

At Camp Bold Eagle, kids experience a traditional summer camp environment complete with archery, arts and crafts, canoeing, swimming in a lake, and nature walks. We have full-camp games, we roast marshmallows over a campfire, and we sing silly songs before meals.

### *Session I: Ages 6-10*

Sunday, July 10 to Thursday, July 14, 2016

### *Session II: Ages 11-13*

Saturday, July 16 to Saturday, July 23, 2016

### *NEW! Session III: Ages 14-17*

Sunday, June 26 to Saturday, July 2, 2016

## *Eagle Outpost*

*Ages 14-15      Sunday July 31-Saturday August 6, 2016*

Eagle Outpost is a traveling camp where participants travel by van around Michigan, sleep in tents, and prepare their food over a campfire, while undertaking leadership training and self-challenges.

## *Eagle Expedition*

*Ages 16+      Tuesday, August 9-Wednesday August 17, 2016*

Participants travel to northern California, featuring activities such as whitewater rafting, rock climbing, sea kayaking, and leadership training.

## *Eagle Quest*

*Ages 18+      Friday, June 10- Thursday, June 16, 2016*

Eagle Quest is a backpacking excursion for adults with bleeding disorders on North Manitou Island in Lake Michigan, where participants are responsible for packing and carrying their own food and medical supplies for the week.

# *Before Camp*

## What do I bring to camp?

A Supply List for Bold Eagle Campers

### Clothes

Remember that things get dirty and wet at camp, so don't bring the good stuff!

- Shorts
- T-shirts
- Long pants
- Long-sleeved shirts
- Sweatshirt or fleece
- Raingear
- Socks
- Underwear
- Sandals/flip flops (for waterfront/shower use only)
- 2 pairs of tennis shoes (include a pair to get wet)
- Sun hat (or hat to wear in the sun!!)
- 2 bathing suits



### Personal Hygiene

- Toothbrush and toothpaste
- Hairbrush/comb
- Soap and shampoo
- Towel and washcloth for shower
- Shower sandals

### Other stuff not to forget

- Bug spray
- Flashlight and spare batteries
- Sleeping bag and Pillow
- Sunscreen
- Beach towel
- Medications/Factor Products and Supplies

### Optional Stuff

- Plastic shower caddy
- Laundry bag
- Items for talent show (costume stuff, dance shoes, inexpensive musical instruments, etc. Session 2 only)
- Disposable camera, labeled with name
- Alarm clock
- Swim goggles
- Fishing equipment
- Stationary and stamps

### **PLEASE DO NOT BRING:**

- Cell Phones
- Tablets
- Personal electronic games (Gameboy, etc.)
- Money
- Bows and arrows
- Guns or ammunition
- Illegal drugs
- Cigarettes
- Alcohol
- Knives
- Water guns
- Fireworks
- Snacks

## *Before Camp*

# Medical Care Before Camp

At Camp Bold Eagle, we pride ourselves in creating a **SAFE** and **HEALTHY** environment for all.

Here's how you can help make sure that your child has the safest and healthiest experience possible:

- Communicate with your HTC/hematologist and return a completed medical form returned to HFM before camp.
  - By returning the medical form to us in time, you are ensuring the medical staff has a chance to review your child's health information and contact you if they have any questions.
- Send an adequate supply of factor, regardless of your child's severity, and any other medications that your child will need during their stay at camp.
- **ALL** medications (all factor, medications, coolers, and supplies) **MUST** be sent in their original prescription containers, labeled clearly with your **child's name**.
  - Campers on prophylaxis should have the doses needed for camp **plus two additional doses**.
  - Campers who use on-demand treatment should bring four to five doses to camp.
- Send your child's Medical Alert tag with him/her to camp.

# *Before Camp*

## Homesickness Prevention:

### What you can do to help prevent your child from feeling homesick.

- Involve your child in the process of deciding to go to camp. The more that the child owns the decision, the more comfortable the child will feel being at camp.
- If possible practice a few nights away at the home of a friend or relative.
- Share all camp information with your camper, including brochure, packing list, website.
- Involve your camper in shopping and packing for camp.
- Talk to your camper about the normalcy of missing home and help her develop coping strategies like writing letters home, involving herself in a new activity, or talking to a trusted adult or new friend. Prepare your child ahead of time that there will be no phone calls.
- Discuss what camp will be like before your child leaves. Consider role-playing anticipated situations, such as using a flashlight to find the bathroom.
- Buy a calendar for your camper and mark the days he will be away. Help him see how few days they are away and discuss how he can make the most of his time at camp. Also, use the calendar as an exciting countdown tool at home.
- Have your camper talk to another camper or staff member about camp, or exchange letters before camp. Tim or Torey at HFM can help you set this up.
- Follow the packing list and label everything!
- Pack a personal item from home, such as a stuffed animal.
- Send a positive note or care package ahead of time to arrive the first day of camp:

*Your Camper's Name*  
Camp Bold Eagle  
C/O Pioneer Trails  
1421 East Fruitvale Road  
Holton, MI 49425

- Talk candidly with your child before camp that he/she may miss home, that this is normal, and that he/she should let a counselor or other staff member know if they are having difficulties.
- For many children, camp is a first step toward independence and plays an important role in their growth and development.

# *Arriving at Camp*

## Transportation

*Please be sure to contact HFM staff about any transportation changes/late arrivals at 734-961-3507.*

HFM provides complimentary transportation as listed below unless you choose to drop-off /pick up your camper.

### **Getting To Camp**

#### Transportation from Detroit, MI

Bus will pick up campers in Detroit at 10:00 a.m. on the first day of sessions 1 and 2 (1:00 p.m. for session 3) at Children's Hospital in Detroit.

**Please arrive 30 minutes before the departure time.**

#### Transportation from Okemos, MI

Van will pick up campers in Okemos at 11:00 a.m. on the first day of Sessions One & Two (Session Three pick-up is 3:00 p.m.)

Okemos Exit 110 Park & Ride off I-96

**Please arrive 15 minutes before the departure time.**

#### Parent/Guardian provides transportation

Campers arriving by private vehicle need to arrive at Camp Bold Eagle/Pioneer Trails between 1:00 p.m. and 3:00 p.m. on their first day of camp.

### **Returning Home**

*Please, please, please arrive at the drop off site early so your camper will not have to wait while everyone else reunites with their families.*

#### Transportation to Detroit, MI

Bus will drop off campers at 2:00 PM (for all 3 sessions) at Children's Hospital in Detroit. \*\*\*ADULT MUST SHOW PHOTO ID TO PICK UP CHILD\*\*\*

#### Transportation to Okemos, MI

Van will drop off campers at Okemos Exit Park & Ride off I-96 at 12:00 PM on the last day of camp (all 3 sessions). ADULT MUST SHOW PHOTO ID TO PICK UP CHILD

#### Parent/Guardian Transportation

Please pick up your camper between 9:30 and 11:00 AM on the final day of the session. Please be on time as it can be extremely upsetting to be the last camper picked up from camp. A map to Pioneer Trails is enclosed. It takes approximately 3 hours from the Detroit area. **\*\*\*ADULT MUST SHOW PHOTO ID TO PICK UP CHILD\*\*\***

#### Ohio Transportation

*Ohio hemophilia chapters also provide transportation depending on attendance. Please contact your local Ohio chapter to confirm transportation to Detroit to meet the HFM bus.*

## *Arriving at Camp*

# Driving Directions to Pioneer Trails

### **From the North**

- Take US 31 South
- Exit US 31 at the COLBY ROAD exit
- TURN LEFT onto COLBY ROAD and go exactly ½ mile to SILVER CREEK ROAD
- TURN LEFT onto SILVER CREEK ROAD and go 5.1 miles to the end, which is RUSSELL ROAD
- TURN LEFT onto RUSSELL ROAD and go 2.4 miles to the end, which is FRUITVALE ROAD.
- TURN RIGHT onto FRUITVALE ROAD and go about 1 mile. The drive into PIONEER TRAILS is on the right.

### **From the South**

- Take US 31 North
- Exit US 31 at the RUSSELL ROAD Exit (approximately 6.5 miles from the Apple Avenue Exit)
- TURN RIGHT onto RUSSELL ROAD
- Follow RUSSELL ROAD until it ends. (Russell Road twists and turns, so be sure to follow the signs to Muskegon County B-23)
- TURN RIGHT at the second STOP sign onto FRUITVALE ROAD (approximately 10 miles from the expressway)
- Head east for 1 mile on Fruitvale road until you see the sign and entrance to Pioneer Trails on the right.

### **From the Detroit and Ann Arbor Area**

- Take I-96 West to US 31 North.
- Follow the “From the South Directions.”

### Mailing Address:

*Your Camper's Name*  
Camp Bold Eagle  
C/O Pioneer Trails  
1421 East Fruitvale Road  
Holton, MI 49425

## *During Camp*

# Camp Bold Eagle Contact Information Sheet

**IMPORTANT:** POST THIS SHEET IN A PROMINENT PLACE!

### **Facebook:**

See up-to-date posts and photos from camp!

Follow “Hemophilia Foundation of Michigan” on Facebook. We will be updating HFM’s page throughout our camp sessions with photos and current information.

### **Contact Numbers:**

- HFM office: (734) 544-0015.  
During business hours, ask to have a message relayed to camp.  
After business hours, call (734)961-3507.

### **In case of *emergency only*:**

- Pioneer Trails 231-894-4768

### **Mail at Camp:**

There is a fun tradition at camp where, if a camper receives **THREE** pieces of mail (either email or USPS mail) on the same day, the camper will have the opportunity to tell a joke or a funny story, to the rest of camp during dinner.

Sending your child three separate pieces of mail to arrive at camp on the same day will ensure that he/she has the chance to participate in the fun!

### **Camp Bold Eagle Address:**

Camper’s Name  
c/o Pioneer Trails  
1421 E Fruitvale Rd  
Holton, MI 49425

### **Email Camper @:**

Address: [campboldeagle@gmail.com](mailto:campboldeagle@gmail.com)  
Subject: Camper’s first and last name

# *During Camp*

## Sample Camp Bold Eagle Daily Schedules

<b>Daily Schedule First Session</b>	<b>Daily Schedule Second Session</b>
7:00 a.m. Wake Up	8:00 a.m. Wake-up
7:40 a.m. Bell Rings	8:15 a.m. Bell Rings / Flag Raising/Stretching
7:45 a.m. Flag Raising/Stretching	8:30 a.m. Breakfast/Sign-up for Individual Choice
8:00 a.m. Breakfast	9:45 a.m. Health Call/Clean Cabin
8:45 a.m. Health Call/Clean Cabins	10:15 a.m. First Period
9:15 a.m. First Period	11:15 a.m. Second Period
10:15 a.m. Second Period	12:30 p.m. Lunch
11:15 a.m. Third Period	1:00 p.m. Rest Period
12:30 p.m. Lunch	2:00 p.m. Third Period
1:15 p.m. Rest Period	3:00 p.m. Snack in Mess Hall
2:15 p.m. Fourth Period	3:15 p.m. Fourth Period
3:15 p.m. Snack in the Mess Hall	4:15 p.m. Individual Choice
3:30 p.m. Individual Choice	5:15 p.m. Cabin Time
4:30 p.m. Cabin time	5:45 p.m. Bell Rings
5:15 p.m. Bell Rings	5:50 p.m. Flag Lowering
5:20 p.m. Flag Lowering	6:00 p.m. Dinner
5:30 p.m. Dinner	7:00 p.m. Personal Adventure for Campers (PAC)
7:00 p.m. Evening Activity	8:00 p.m. Evening Activity
8:15 p.m. Snacks and Showers	9:30 p.m. Snacks, Showers & Lights Out before 10:45 p.m.
9:00 p.m. Lights Out	

## Medical Care at Camp

- Your child will be given a brief physical examination by a physician during camp.
- A full health center team (including physicians, HTC nurses, nursing students, and 4<sup>th</sup> year medical students) will be available at all times during your child's camp session.
- Routine healthcare, non-urgent care, and self-infusion instruction will be provided.
- Medical staff will send home copies of general health center notes.
- In the case of an emergency, parents/guardians will be notified immediately by the Health Center director or supervising RN.
- Nutritious meals are provided three times a day with healthy snacks also available during the day. Special dietary requests are also honored.
  - Water is available to campers at all times throughout the day and night.
  - Over a 24-hour period the food offerings will include but are not limited to:
 

Fruit/vegetables--5 servings	Milk/cheese--4 servings
Meat/fish/beans--3 servings	Bread/cereal--5 servings

    - Water, Kool-Aid, and Milk will be served at all meals.
    - Unpasteurized dairy or food products are not permitted.
- Any special dietary needs should have been noted in your registration - if you have concerns please call HFM.

## *During Camp* Health Center Awards

Health education is very important at Camp Bold Eagle!

Our goal is that your child has a wonderful, fun filled camp experience while learning about his/her bleeding disorder. Throughout the time that your child is with us, there will be a variety of opportunities for your child to learn about bleeding disorders and other health related topics through games, discussions, and health center activities.

By demonstrating that he/she understands his/her bleeding disorder, your child will have the opportunity to earn a Health Center Award. It is our experience that campers feel a sense of joy and accomplishment when they earn a well-deserved award. Our Awards provide a chance for each camper to be recognized by staff and other campers for his/her accomplishments.

CBE Health Center Awards are all-inclusive.

Each camper will be eligible to earn an award specific to his/her diagnosis.

**Firefly Award:** An award given to campers who demonstrate that they have learned about their bleeding disorder by answering a series of questions.

**Butterfly Award:** Campers eligible for this award must have already earned the Firefly Award. This is an award given to campers who have successfully learned to self-infuse. Campers must have permission from their parent/guardian and Hemophilia Treatment Center to learn self-infusion at camp. The Butterfly Award is intended for children who are or will be on home infusion therapy.

**Dragonfly Award:** This is an advanced award for children who are not candidates for self-infusion. Campers must be able to answer a series of questions that will demonstrate advanced knowledge of a variety of bleeding disorders.

We look forward to working with your child at camp and have enclosed the criteria for the Firefly and Butterfly awards so that you may review with him/ her in the weeks before camp. Please do not hesitate to contact us if you have questions or concerns.

Sincerely,  
Diana Mathis  
Health Center Director

# 2016 CAMP BOLD EAGLE Health Center Awards

## Firefly Award Checklist



Initials	Bleeding disorder information
	What is the name of your bleeding disorder and what is the severity level?
	Describe what it means to have your bleeding disorder.
	Why should you wear a medical alert tag or bracelet?
	What kind of bleeding might be common in someone with your bleeding disorder?
	Have you ever had a bleed before? What kind of bleed was it? Describe what it was like.
	What kinds of bleeds are most dangerous?
	How would you know if you were having a "head" bleed? What are the symptoms?
	Give an example of something that might happen at home or at school that could cause a bleed.
	Describe two activities- one that you do at home and one that you do at school -and explain how you can make sure that these activities are done safely.
	Why should you treat a bleed as soon as possible? What can happen if you don't?
	What kind of medication do you use for your bleeding disorder?
	What form is your medication- example shot, pill?
	When do you take your medication?
	How does your medication work in your body?
	Why is it important for people with bleeding disorders to have regular exercise?
	What does RICE mean? When would you do this?

## Butterfly Award Checklist



Initials	Bleeding disorder information
	What is the name of your bleeding disorder and what is the severity level?
	Name three places in your body where you could have a bleed.
	What is a joint bleed?
	How would you know if you were having a joint bleed?
	What kinds of bleeds are most dangerous?
	How would you know if you were having a "head" bleed? What are the symptoms?
	Why should you treat a bleed as soon as possible? What can happen if you don't?
	What does it mean if someone has an "inhibitor"?
	What is the name of your medication?
	How does factor work in your body?
	Can everyone with hemophilia use the same factor?
	Is the amount of factor the same in every bottle?
	When might you need to use more than one bottle of factor?
	Why might you need to treat more than once in a day?

## *During Camp*

### Butterfly Award Checklist, continued

	How long does the factor that you take stay in your body? One month- one week- one hour?
	What is "Prophy"? Why would someone be on this kind of treatment? Are you on Prophy?
	Why you want to learn to infuse your own factor? Give 2 reasons.
	Where do you infuse the factor- into a vein or into a muscle? What is the difference?
	Show 2 possible veins that you could use for an infusion. Why is it important to have more than one site?
	What do you call the balance of bleeding and clotting?
	What are the steps involved in hemostasis?
	What are the steps involved in formation of platelet plug?
Prepare for infusion. Gather supplies	
	Factor, syringes, butterfly, tourniquet, alcohol wipes, gauze pad or cotton, tape, band aid, sharps container, waste basket, log sheets. Why do you need to get everything ready first?
	Wash hands and clean infusion area. Why do you have to wash your hands first?
Prepare factor concentrate	
	Check name of factor, number of units, lot number, expiration date
	Mixes factor with aseptic technique, examines diluted factor
Perform infusion	
	Locates Vein
	Applies Tourniquet
	Cleans site with alcohol in circular motion
	Inserts butterfly needle
	Checks for blood return. What is a blood return?
	Removes tourniquet. Why do you have to remove the tourniquet before you push in factor?
	Infuses
	Removes needle, applies pressure to site with cotton or gauze
	Applies band aid
Clean up / log infusion	
	Dispose of medical waste in appropriate container
	Disinfectant / Bleach clean up of surface
	Wash hands
	Log infusion



## *After Camp*

# Social Networking and the Internet

HFM has one official Facebook site called “Hemophilia Foundation of Michigan” dedicated to distributing information about the organization and our camping programs.

HFM (Hemophilia Foundation of Michigan) does not sanction or provide any oversight for other Facebook pages or social media accounts outside of direct HFM sites. Any other groups or pages that cite HFM or any of our services or programs, including HFM camp programs, are not controlled or monitored by HFM. There may be private groups/pages via personal accounts that do not reflect HFM, our programs, services, events, and activities.

Social Networking sites can be positive and effective tools for communication and connection.

However, HFM does not endorse disclosure of information on any external internet site that may identify staff or campers. HFM strongly discourages Social Networking activities or behaviors that are detrimental to the reputation HFM, its programming, including camp, and other services. Campers, staff or community members who engage in such behavior may not be allowed to participate with camp and/or other HFM activities, and may be reported to the proper authorities.

We ask you to please notify HFM should you find any inappropriate comments about HFM, its camps, programs, staff, or campers on the internet. Please speak with your child and discuss the reasons it is not safe to disclose personal information about themselves or about camp on the internet.

For current information on HFM activities please follow the Hemophilia Foundation of Michigan on Facebook, Twitter, and/or Instagram.

**Facebook pages:** “Hemophilia Foundation of Michigan”

**Twitter:** @HFMich

**Instagram:** @HFMich

# *After Camp*

## After Camp Discussion

### Ask your child about their time at camp!

Here are some suggested starter questions:

- Who did you enjoy spending time with at camp?
- How many times did you go swimming?
- What did you make in arts and crafts?
- Sing me a silly song you learned!
- What did you learn about your bleeding disorder?
- What did you do at Hi-C (health education)?
- How did you feel about being away from your iPad/computer/TV for the week?
- Did you go on a nature walk?
- How did you like walking to the bathrooms at night?
- Was your flashlight handy?
- Did you go canoeing? Paddle boating? Stand-up paddle boarding?
- How many fish did you catch?
- What was your cabin like?
- Did you hit the target or make a bullseye at archery?
- What was your favorite food?
- Who was the silliest person at camp?
- Did you play Nuk-em? (altered volleyball)
- Did you catch any bugs?
- Did you jump off the raft?
- What was it like swimming in a lake?
- What was your favorite evening program?

# *After Camp*

## Post-Camp Parent Evaluation Survey

Ensuring your child has a positive experience at camp is our highest priority.  
Please review and mail this survey to HFM 1921 W. Michigan Ave, Ypsilanti, MI 48197  
Or complete it online at:

<https://form.jotform.com/HFMICH/post-camp-parent-evaluation-survey>

We want to improve our methods and policies, your feedback will be highly beneficial.

**Session Attended:**

- Camp Bold Eagle Session I (age 6-10)
- Camp Bold Eagle Session II (age 11-13)
- Camp Bold Eagle Session III (age 14-17)

**What were your goals for your child when you sent him/her to camp this year? Check all that apply.**

- Increased independence
- Increased confidence
- Education about bleeding disorders
- New skills
- Build friendships
- Increase leadership skills
- Improve communication skills
- Learn to self-infuse
- Other \_\_\_\_\_
- Other \_\_\_\_\_
- Other \_\_\_\_\_

**Did we meet and/or exceed your expectations?**

- Yes    No

Comments:

**Please rate your child's OVERALL Camp Bold Eagle experience.**

- Poor    Satisfactory    Good    Outstanding

**Based on your impressions and what you have heard from your camper, please rate your camper's "cabin life." This includes your child's interactions with the counselors, other campers, the facilities at camp, etc.**

- Poor    Satisfactory    Good    Outstanding

Comments:

**Based on your impressions and what you have heard from your camper, please rate your camper's time in the program areas (swimming, archery, outdoor rec, arts and crafts, and nature).**

- Poor    Satisfactory    Good    Outstanding

Comments:

**Based on your impressions and what you have heard from your camper, please rate your camper's health education experience.**

Poor       Satisfactory       Good       Outstanding

Comments:

**We use CampDocs, the online health registration form. Please rate your experience with CampDocs online.**

Poor       Satisfactory       Good       Outstanding

Comments:

**How would you rate our communication?**

Pre-Camp	<input type="radio"/> Poor	<input type="radio"/> Satisfactory	<input type="radio"/> Good	<input type="radio"/> Outstanding
During Camp	<input type="radio"/> Poor	<input type="radio"/> Satisfactory	<input type="radio"/> Good	<input type="radio"/> Outstanding
Throughout the Year	<input type="radio"/> Poor	<input type="radio"/> Satisfactory	<input type="radio"/> Good	<input type="radio"/> Outstanding

**What was your child's favorite memory?**

Comments:

**As we plan for future seasons of camp, we try to include things that are interesting to kids. Is there anything new that your child would like to do next year?**

Comments:

**Can we improve anything for you or your child?**

Comments:

**OPTIONAL: Would you be interested in speaking to an HFM staff member about your child's camp experience?**       Yes       No

**If yes, please provide:**

**Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_