



SPRINGFEST**2025**

HEROIC STORIES: UNITING OUR POWERS

APRIL 26 - APRIL 27, 2025

DETROIT MARRIOTT TROY

CALLING ALL SUPERHEROES!

We can't wait to welcome you to an action-packed SpringFest
where connection, adventure, and excitement await!



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WELCOME TO SPRINGFEST 2025 - WHERE OUR STORIES UNITE, OUR POWERS GROW, AND OUR COMMUNITY THRIVES!

As we assemble in person for SpringFest 2025, we celebrate the strength of our community; the camaraderie we share, the wisdom we exchange, and the courage to face both triumphs and challenges together. This is our moment to unite, recharge, and embrace the power of connection.

SpringFest is more than just an event, it's a mission to uplift, empower, and inspire. Our planning team, including dedicated community members, HTC, and HFM staff, has envisioned a gathering filled with dynamic social engagement, transformative education, and heroic camaraderie. In the spirit of unity, we encourage everyone to honor different perspectives and respect each other's unique paths. Together, we are stronger, bound by a shared purpose that unites us far beyond what sets us apart.

This program, along with the Nunify event app, will be your ultimate guide to unlocking the full potential of SpringFest. Within these pages and the app, you'll find everything you need to learn, connect, and grow, including session details, speaker biographies, and HFM resources. Choose your path wisely and embrace the adventure to make the most of this journey!

A link to the Nunify app was sent out last week and the QR code is below. If you didn't receive the link or need assistance accessing the app, please reach out to an HFM staff member for support.



A NOTE ABOUT THE ROLE OF INDUSTRY AT SPRINGFEST:

The Hemophilia Foundation of Michigan (HFM) does not endorse any specific product or company.

It is our commitment to be transparent in relation to all HFM activities including industry support. As always, we encourage medical decisions to be made under the advice of your treating physician and care team.

SpringFest provides multiple opportunities for information sharing, education, and connection. We invite you to visit our SpringFest industry partners throughout the weekend through the many opportunities available.

If you wish to have more conversations after SpringFest, you are free to share your contact information, but you are under no obligation. If at any time you feel unduly pressured to provide personal information, please inform a member of the HFM staff immediately.

HFM, in conversation with both the National Bleeding Disorders Foundation and the Hemophilia Federation of America leadership, agrees that industry has a place in supporting our efforts in Michigan. HFM believes SpringFest is a chance to share and receive information and education respectful of community members emphasizing that medical decisions should be physician-led.

LEARN MORE ABOUT HFM AT SPRINGFEST

Visit the HFM Community and Camp Tables in the conference hallway on Saturday. Discover upcoming events and activities that empower and unite our community. Enroll your young heroes in one of our exciting summer camps and learn how to obtain a medical ID bracelet—a small but mighty tool for safety and confidence. Whether you're seeking knowledge, resources, or just a friendly chat, we're here to support your journey. Stop by, say hello, and unite your powers with HFM!

OPPORTUNITIES TO WIN PRIZES!

The Ultimate Hero's Challenge Awaits! Join the *SpringFest 2025 Interactive Scavenger Hunt* and unleash your superpowers! Complete heroic challenges, attend sessions, visit sponsor tables, and connect with the community to earn points and claim epic rewards. Track your progress with the Nunify app, capture your experiences, and share your journey for bonus points. The top heroes will be awarded prizes during lunch on Sunday, must be present to win! Are you ready to rise to the challenge? Grab your cape and begin your quest today!

2ND ANNUAL SPRINGFEST RAFFLE AND SILENT AUCTION

Once again, we are hosting a raffle that features the talents of your fellow community members as well as a silent auction featuring other exciting items! Be sure to check it out in the ballroom. Basket raffle tickets will be available for \$2 each or 6 for \$10. We will draw the winners Saturday night and announce them at lunch on Sunday. You must be present to win. Silent auction instructions can be found at the display table.

HEROIC ADVENTURES FOR ALL AGES!

On Saturday, we offer childcare, youth, and teen programming, providing engaging experiences tailored to our young heroes. **Parents must stay onsite and actively**

participate in SpringFest to utilize these services. On Sunday, families can unite for interactive sessions designed for everyone to enjoy together—because every great story is better when shared!

ONSITE CHILDCARE (AGES 0-4)

HFM has partnered with Corporate Kids to provide onsite childcare on Saturday from 10am to 5pm for children ages 0-4. Our littlest heroes will be in a safe, engaging environment while parents participate in SpringFest activities.

ONSITE CHILDCARE (AGES 5-12)

Children ages 5-12 will embark on an exciting adventure with Corporate Kids, featuring games and activities such as comic creation with Kam Comics, cape making, and ropes course adventures! Associate Camp Director and Program Services Manager, Travis Miller, will accompany the group. If you need to reach them, please call 740.336.4674 (calls only; no texts).

OFFSITE TEEN PROGRAMMING (AGES 13-17)

Teens ages 13-17 will gather for their own action-packed experience of ropes courses, comic creation, and cape making! Gelli Kelley, Associate Camp Director and Program Services Manager, will be joining the teens on their adventure. If you need to reach them, please call or text 810.724.2586.

A SUPERHERO-SIZED THANK YOU TO OUR SPONSORS!

BUTTERFLY KISS SPONSOR

sanofi

SOARING EAGLE SPONSOR



HAPPY CAMPER SPONSORS

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HFM does not endorse any specific product or company.

CHAPTER EDUCATION SUPPORTER



AGENDA

Heroes are only as strong as their allies! We invite you to visit our industry sponsors in the conference hallway throughout the day, including during session breaks. Discover valuable information, resources, and support to help you on your journey.

SATURDAY, APRIL 26

**9:00AM–5:00PM EXHIBITOR SPACE
OPEN**
Conference Hallway

9:00AM–1:00PM REGISTRATION OPEN
Hotel Lobby

**9:00AM–9:00PM QUIET/NURSING
ROOM OPEN**
Private Dining Room 3

9:00–10:30AM BREAKFAST
Peninsula Grand Ballroom

**10:00AM CHILDCARE AGES 0-4
DROP OFF**
Mediterranean

**10:00–10:20AM YOUTH PROGRAMMING
YOUTH AGES 5-12 DROP OFF**
Athens

TEENS AGES 13-17 DROP OFF
Hallway between Athens and
Mediterranean

10:30–10:45AM WELCOME
Peninsula Grand Ballroom

Opening Speaker: Gwyn Hulswit, MA,
Associate Director, Hemophilia Foundation of
Michigan

**10:45–11:30AM MISSION POSSIBLE:
HEROES UNITE**
Peninsula Grand Ballroom

This session will inspire attendees to embrace their inner superhero and recognize their power to benefit the bleeding disorders community. Through reflection, discussion, and a call to action, participants will identify their unique strengths and explore ways to make a meaningful impact. By uniting our efforts, we can overcome obstacles, spread awareness, and uplift one another in the fight for a stronger, more informed community.

Speaker: Daicia Price, PhD, LMSW, Clinical
Associate Professor, University of Michigan
School of Social Work

11:40AM–12:30PM BREAKOUT SESSIONS

a. Ask the Experts: Hemophilia A & B Peninsula Grand Ballroom

This session provides a unique opportunity to ask questions, learn about the latest treatment options, and explore strategies for managing Hemophilia A & B. Whether you're newly diagnosed, a caregiver, or living with the condition, gain expert guidance and practical advice tailored to your needs.

Speakers: **Meera Chitlur, MD**, Director, Hemophilia Treatment Center and Hemostasis Program & **Jeanne M. Lusher** Special Coagulation Clinical and Research Laboratory, Division of Hematology/Oncology, Children's Hospital of Michigan
Charity Stadler, RN, BSN, Director of Nursing, Premiere Healthcare Services Program Manager, Hematology Nurse Coordinator, Hemophilia Treatment Center and Hemostasis Program & **Jeanne M. Lusher** Special Coagulation Clinical and Research Laboratory, Division of Hematology/Oncology, Children's Hospital of Michigan

b. Ask the Expert: Rare Factor Deficiencies & Platelet Disorders Dennison I

This session offers a unique opportunity to ask questions and gain expert insights into these less common bleeding conditions. Learn about diagnosis, treatment advancements, and management strategies to navigate daily life with an ultra-rare bleeding disorder. Whether you are personally affected or a caregiver, gain valuable information and support.

Speaker: **Shawn Jobe, MD, PhD**, Associate Professor, Director of the MSU Center for Bleeding and Clotting Disorders, Director of the SCD Lifespan Clinic

c. You Are the Expert: Piecing Together Our Past Dennison II

Our community's history is filled with powerful moments, but some details have been lost to time. Join this interactive session to help identify faces, places, and

events in historical photographs from the 1980s to early 2000s, including camps, retreats, AIDS walks, and advocacy events. Your expertise can play a crucial role in preserving and documenting these memories for future generations.

Facilitator: **Shari Luckey, MA**, Education and Program Services Director, Hemophilia Foundation of Michigan

d. Connecting & Coping: Open Forum for Sharing with Fellow Parents Dennison III & IV

Join us for a supportive space to connect with other parents navigating the challenges of raising a child with a bleeding disorder. Share your experiences, learn from others, and build a strong community. This session is dedicated to open conversation and mutual support to combat the sometimes-isolating experience of navigating your child's chronic illness.

Speaker: **Kaite Scott, LLMSW**, Program Social Worker, Hemophilia Foundation of Michigan

e. Ask the Expert: Physical Therapy Niles I & II

This session provides a unique opportunity to connect with an experienced physical therapist who specializes in working with individuals affected by bleeding disorders. Whether you're seeking guidance on injury prevention, improving mobility, managing chronic pain, or optimizing recovery, our expert is here to answer your questions and provide tailored insights to support your health and well-being.

Speaker: **Sherry Herman-Hilker, PT, MS**, Physical Therapist, Hemophilia and Coagulation Disorders, University of Michigan

f. Ask the Expert: VWD Athens

Join this engaging session to learn more about von Willebrand Disease (VWD), the most common inherited bleeding disorder. This discussion provides a unique opportunity to ask questions, explore the latest treatment options, and gain expert

insights into managing VWD. Whether you're newly diagnosed, a caregiver, or living with the condition, this session will offer valuable information and practical strategies to help navigate daily life with VWD.

Jennifer Girard, MD, MSE, Clinical Assistant Professor, Hemophilia and Coagulation Disorders, University of Michigan

12:30–1:30PM LUNCH

Peninsula Grand Ballroom

(Childcare, Youth, and Teens will have lunch with their groups)

1:40–2:30PM BREAKOUT SESSIONS

a. Treatment Steps involved in Gene Therapy for Hemophilia B Dennison I

Interested in hearing firsthand about gene therapy for hemophilia B? Join us for an educational program featuring a personal account from someone who has undergone the treatment. We'll also guide you through the steps of receiving gene therapy for hemophilia B. Come and bring your questions!

This session is sponsored by CSL Behring

Speaker: Honey Blankenship, MSN, MBA, RN, Patient Resource Navigator, CSL Behring

b. Learn more about ROCTAVIAN for adults with Severe Hemophilia A Dennison II

Hear one person's experience with ROCTAVIAN, learn what is possible with ROCTAVIAN. See how you can get started today.

This session is sponsored by BioMarin

Speakers: Molly McCue, Key Account Manager, BioMarin
Dave N., Patient Ambassador

c. From Diagnosis to Classroom: Ensuring Continuity of Care and Learning Dennison III & IV

This panel discussion will provide valuable insights into navigating the 504 and IEP

process, advocating for children with bleeding disorders, and securing essential accommodations within the education system. Experts will share strategies for building strong partnerships between families, schools, and HTC teams to create a safe and supportive learning environment that increases academic success for students with bleeding disorders.

Speakers: Stacey Banks, MAT, Literacy Education, Special Education Supervisor/ Assistive Technology Coordinator, Ypsilanti Community Schools

Rachel Cain-Kellman, LLMSW, Clinical Social Worker, Hemophilia Treatment Center and Hemostasis Program & Jeanne M. Lusher Special Coagulation Clinical and Research Laboratory, Division of Hematology/Oncology, Children's Hospital of Michigan

John Phillips, MS, Educational Technology, Parent

Mary Phillips, MA, Practice of Teaching, Parent

Becky Steele, MEd, Special Education, Parent, Public-School Teacher, HFM Advocacy Committee Member

d. Investigational Subcutaneous Treatment for VWD Niles I & II

Star Therapeutics is developing a subcutaneous, prophylactic treatment for VWD called VGA039. VGA039 is not a factor replacement therapy; it is an engineered antibody that binds to a specific protein in blood called Protein S to rebalance the coagulation system in patients with VWD. Because of its long half-life, VGA039 can be dosed infrequently, and because VGA039 does not interact with VWF, patients of all VWD types and sub-types may be eligible for treatment. This session will (1) introduce patients to how a novel treatment like VGA039 works, (2) review results from the initial clinical trial, and (3) share how interested individuals may learn more about the current and future VGO39 clinical trials and potentially participate.

This session is sponsored by Star Therapeutics

Speaker: Laura Guido, PharmD, MBA, BCPS, Executive Director, Medical Affairs, Star Therapeutics

**e. Restorative Yoga: Intentionality for Breath, Body, and Mind
Athens**

For individuals with bleeding disorders, such as hemophilia, yoga offers unique benefits. Studies have shown that yoga practices can improve joint health, reduce pain, and enhance physical function in individuals with bleeding disorders. The gentle nature of restorative yoga minimizes the risk of injury or bleeding episodes, making it a safe and effective form of exercise for this population. Additionally, the holistic approach of yoga addresses both physical and psychological aspects of well-being, supporting individuals in managing the challenges associated with chronic health conditions.

Join us for a yoga class that offers a gentle and accessible way for individuals of all ages and abilities to experience the benefits of yoga while staying on or near the floor while utilizing props for support. Participants will engage in a series of poses and movements that focus on breath and body awareness. We'll cultivate an empowering atmosphere of inner calm and relaxation with others in our bleeding disorders community.

Speaker: Saydi Davis, LLMSW, Regional Program Manager, Hemophilia Foundation of Michigan

**2:40–3:30PM HOW FEDERAL FUNDING HELPS YOUR HTC HELP YOU
Peninsula Grand Ballroom**

Federal funding plays a critical role ensuring that Hemophilia Treatment Centers (HTCs) have the resources to provide quality, comprehensive care to individuals with bleeding disorders. HFM serves as the federal Regional Core Center for HTCs in Michigan, Ohio, and Indiana. This session will explore the federal funding sources supporting HTCs, the availability of funds, the impact these funds have on patient services, education, research, and various programs specific to Michigan's bleeding disorders community. Attendees will gain understanding regarding federal resources and their impact on access to specialized care and educational efforts in our community. Join

us to learn how these funding mechanisms directly benefit those affected by bleeding disorders.

Speakers: Travis Tussing, JD, Regional Administrator, Federal Grants Director, Hemophilia Foundation of Michigan
Nancy Inverso, BSN, RN, Clinical Care, Outreach and Education Manager, Cascade Hemophilia Consortium

3:30–4:00PM POWER BITES SNACK BREAK

4:00–4:50PM BREAKOUT SESSIONS

**a. An Expert Presents: A Rebalancing Hemophilia A/B Therapy with Subcutaneous Injection
Peninsula Grand Ballroom**

An expert presents a new rebalancing treatment delivered by subcutaneous injection for Hemophilia A and B.

This session is sponsored by Sanofi

Speaker: Guy Young, MD, Director, Hemostasis and Thrombosis Center; Director, Clinical Coagulation Laboratory, Children's Hospital Los Angeles; Professor of Pediatrics, University of Southern California Keck School of Medicine

**b. Examination of Caregiver Supervision Beliefs and Practices Among Caregivers of Children with Bleeding Disorders
Dennison I**

This presentation will discuss an ongoing research project that is aimed at understanding caregiver beliefs and reported practices about supervision amongst caregivers of children with bleeding disorders in comparison to caregivers of children without bleeding disorders, differences in attitudes towards injury between caregivers of children with bleeding disorders compared to caregivers of children without bleeding disorders, and injury frequency of young children with bleeding disorders in comparison to children without bleeding disorders.

Speaker: Sophia Prokos, MA, TLLP, Clinical Psychology Doctoral Candidate, Department of Psychology, Western Michigan University

c. Put Yourself out There: Sharing and Advocating for Bleeding Disorders and Make it Work: Bleeding Disorders in the Workplace

Dennison II

Everyone has a story to tell. It is important that real people share their experiences to help advocate for those within the bleeding disorder community and themselves. Gain confidence, improve communications skills, and make connections.

Your disorder may be personal, but it can bleed into work life too. What should you tell your employer? How do you approach the subject with your coworkers? Learn when to speak up and how to keep it professional.

This session is sponsored by Takeda

Speaker: Maria Rohan, BSN, RN, Community Education Specialist – OH/MI USBU | Rare Disease – Hematology, Takeda

d. Superheroes in Action: How Legislative Advocacy Can Save the Day

Dennison III & IV

We can't all be made of steel like Superman, or have suits of armor like Iron Man, but each of us has tools we can use to respond to issues as they arise and become a Superhero advocate! In this session, you'll receive a recap of HFM's Lansing Days, a legislative update, and learn about tools we can use to tackle challenges head-on. Get ready to put on your super suit and advocate for the bleeding disorders community!

Speaker: Zach Ryan, MPP, Government Relations and Communications Manager, Hemophilia Foundation of Michigan

e. NBDF Updates: Advancing the Future of Bleeding Disorders Care

Niles I & II

Learn about the latest initiatives, advocacy efforts, research, and programs from the National Bleeding Disorders Foundation (NBDF). This session will provide key updates on national developments impacting the bleeding disorders community and how it impacts you locally. Learn how NBDF is working to support individuals and families,

drive research, and shape policies to improve access to care for all. Don't miss this opportunity to stay connected!

Speaker: Samantha A. Carlson, MSW, LMSW, Director of Research, National Bleeding Disorders Foundation

5:00PM CHILDCARE AGES 0-4 PICKUP Mediterranean

YOUTH AGES 5-12 AND TEENS 13-17 PICKUP

Hallway between Mediterranean and Athens

5:15–6:00PM LEAGUE ASSEMBLY: ANNUAL MEMBERS MEETING AND RECEPTION

Athens

All HFM dues-paying members are invited to attend the annual meeting. Light refreshments will be provided.

Member meetings include a report of HFM's activities for the past year and may include voting on board members.

Interested in learning more about HFM membership? Stop by the community tables on Saturday to learn more and to see an updated agenda.

6:00–7:00PM DINNER ONE FAMILY: WORLD HEMOPHILIA DAY 2025

Peninsula Grand Ballroom

Each year, One Family brings the bleeding disorders community together to celebrate World Hemophilia Day. This year's program explores the unbreakable bond this global community shares through hands-on activities, education, and engaging conversation. Topics include shared decision-making, women and hemophilia, how bleeding disorders impact relationships, and the power of connection. Participants will hear from the global community, share their own stories, and create new or deeper friendships, leaving empowered by the support of this diverse community.

This session is sponsored by Sanofi

Speaker: Allan Kucab, RN, Community Relations and Education Manager, (CoRe), Sanofi - Rare Blood Disorders

7:00-8:00PM ONE FAMILY: WORLD HEMOPHILIA DAY 2025 ACTIVITIES AND DESSERT

Dennison I - IV

This session is sponsored by Sanofi

Speaker: Allan Kucab, RN, Community Relations and Education Manager, (CoRe), Sanofi - Rare Blood Disorders

8:00–9:00PM EVENING ACTIVITIES

Snacks provided

a. Board Games and Playing Cards

Niles I & II

Unleash your inner hero in the game room! Join us for an hour of fun and friendly competition featuring classic board games and playing cards. Whether you're strategizing your next move, teaming up for victory, or just enjoying the company of fellow heroes, this night is all about games, laughter, and heroic fun. Capes are optional, but a spirit of adventure is a must!

b. Superhero Animated Shorts

Athens

Enjoy an hour of animated shorts featuring superheroes! This fun and entertaining way to celebrate superheroes is perfect for all ages!

SUNDAY, APRIL 27

8:00–9:00AM AQUA WORK-IT OUT – ADULTS ONLY

2nd Floor follow signs for Pool/Health club

A fun, intense workout to improve cardio conditioning and toning. Improve flexibility and strength without impact. Swimming is not required.

Facilitator: Cathy Thorburn, Assistant Manager, Rutherford Pool

8:00AM–1:00PM EXHIBITOR SPACE OPEN **Conference Hallway**

9:00AM-1:00PM QUIET/NURSING ROOM OPEN

Private Dining Room 3

9:00–10:00AM BREAKFAST **Peninsula Grand Ballroom**

9:20-9:50AM HFM SCHOLARSHIPS & AWARDS

Peninsula Grand Ballroom

9:50-10:00AM KIDS CAPE PARADE **Peninsula Grand Ballroom**

10:10–11:00AM BREAKOUT SESSIONS

a. Ready, Set, Respond: First Aid Essentials & Family Preparedness

Dennison I & II

Be prepared for the unexpected with Ready, Set, Respond, a practical session covering basic first aid skills and the must-have items for you and your family's travel to go-bag. Learn how to handle common medical situations, from minor injuries to urgent care needs, and ensure you're equipped with the right supplies for any situation. Whether at home, on the go, or traveling, this session will help you build confidence in your ability to respond quickly and effectively when it matters most. Don't wait for an emergency—get prepared today!

Speaker: Matthew Sterling, CCP-C

b. Basics of Clinical Trials

Dennison III & IV

With recent approvals of new products to treat hemophilia, you may be wondering what are clinical trials and why do we need them? This educational session examines key concepts and phases of clinical trials, discusses how patient safety and rights are protected throughout the process and enrollment expectations. Let's breakdown the key principles and explore key considerations together.

This session is sponsored by Pfizer

Speaker: Chad Richardson, PharmD, Field Medical Director, Specialty Care, US Medical Affairs, Pfizer Pharmaceuticals

c. Launch Into New Opportunities: Find Work That Works For You!

Niles I & II

Are you struggling to find a job that accommodates or meets your health needs? HFM's Launch Program is here to help! Join Travis Miller to learn about the ways that Launch can help you, from resume building and mock interviews to professional headshots and certification courses. Let us help you find a career that works for you.

Speaker: Travis Miller, MEd, Associate Camp Director, Program Services Manager, Hemophilia Foundation of Michigan

d. Heroes Circle Ages 3-10 with Adult Athens

In our Heroes Circle Pediatric Healing Program, we use martial arts techniques to help children cope with difficult situations associated with chronic health conditions such as bleeding disorders. This non-contact, martial arts approach engages children, teens, and young adults, and encourages them to use the power of our unique meditative techniques to focus their inner strength and overcome pain.

Speakers: Sensei Peter Davenport, Kids Kicking Cancer, Owner Core Fitness Martial Arts

Sensei Michael Hunt, Kids Kicking Cancer
Sensei Richard Plowden, Chief Martial Artist, Kids Kicking Cancer

e. Family Superhero Cartooning and Comic Creation Workshop

This session is offered twice. Please attend only one session to ensure everyone has a chance to participate.

Mediterranean

Bring a parent or adult and join Michigan's own comic book artist Kamron Reynolds for a fun-filled family session! Whether you're picking up where you left off on Saturday or starting fresh, this workshop is perfect for families who want to dive into the world of comics together. Learn the fundamentals of cartooning and comic/manga book creation or share your character creation from yesterday's session with your adult. Adults

can create their own character and comic book or collaborate to create a comic book together. Let your creativity soar and enjoy a unique bonding experience with your family!

Speaker: Kamron Reynolds, Comic Book Artist, Graphic Designer, Kam Comics

11:10AM–12:00PM BREAKOUT SESSIONS

a. Let's Talk Camp

Peninsula Grand Ballroom

Are you curious about HFM's camping programs? Have you wondered if they would be a good fit for you or members of your family? Join Tim Wicks, Angellica Kelley, and Travis Miller as they tell you what it's all about! Come sing songs, play games, and hear all that camp has to offer!

Speakers: Angellica "Gelli" Kelley, BSN, RN, Associate Camp Director, Program Services Manager, Hemophilia Foundation of Michigan

Travis Miller, MEd, Associate Camp Director, Program Services Manager, Hemophilia Foundation of Michigan

Tim Wicks, Camp and Youth Services Director, Hemophilia Foundation of Michigan

b. From Overwhelmed to Empowered: Finding Strength in Stressful Times Dennison I & II

This workshop is designed to help parents manage their own stress while also supporting their child through life's challenges. You'll learn practical strategies to stay grounded and handle tough moments with confidence. You'll walk away with tools to take care of yourself and help your child build resilience, even in stressful times.

Speakers: Sarah Dacey, MS, BCBA, LBA, Clinical Psychology Doctoral Student, Department of Psychology, Western Michigan University

Cassandra Dukes, MA, TLLP, Clinical Psychology Doctoral Student, Department of Psychology, Western Michigan University

c. A Joint Effort: Teaming Up for Joint Protection and Bleeds: How to Recognize and Respond
Dennison III & IV

It takes a team (patient, caregiver, clinician) to stay on top of joint health. Learn how to maintain healthy joints, help prevent joint damage, and treat, if necessary.

Hear about different types of bleeds and their impact, how to recognize and respond to bleeds, and how to stay healthy.

Session sponsored by Takeda

Speaker: Maria Rohan, BSN, RN, Community Education Specialist – OH/MI USBU | Rare Disease – Hematology, Takeda

d. Aging with a Bleeding Disorder: Emotional Wellbeing
Niles I & II

In this interactive session, discover the challenges of aging while managing a bleeding disorder. Examine your health concerns and their impact on mental well-being.

- What worries you most?
- How do you manage stress from chronic pain?
- How does a bleeding disorder influence feelings of sadness or depression?
- What situations trigger anxiety?
- How do social connections affect your well-being?

This is a safe space to explore practical strategies to support emotional well-being and build resilience together.

Speakers: Karen Boyd, LMSW, Clinical Social Worker, Michigan State University Center for Bleeding and Clotting Disorders
Dave Rushlow, LMSW, Program Manager, Bleeding Disorders Center, Munson Medical Center

e. Heroes Circle Ages 11+ with Adult Athens

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Speaker: Kamron Reynolds, Comic Book Artist, Graphic Designer, Kam Comics

**12:00–1:00PM LUNCH BUFFET,
EVALUATION, RAFFLE DRAWING,
AND PRIZES**
Peninsula Grand Ballroom



SAVE THE DATE **SPRINGFEST 2026**

APRIL 17, 2026
VWD SYMPOSIUM
RADISSON PLAZA
HOTEL & SUITES KALAMAZOO

APRIL 18-19, 2026
RADISSON PLAZA
HOTEL & SUITES KALAMAZOO
100 W MICHIGAN AVE,
KALAMAZOO, MI 49007

CAMP REGISTRATION IS OPEN!



Eagle Quest: (ages 18+): June 4-8

Eagles Nest Family Camp: June 25-28

Open to the immediate families of children with bleeding disorders ages 5-9 who are new to the Camp Bold Eagle experience.

Camp Bold Eagle:

- **Teen Camp:** (ages 13-17): June 29-July 5
- **Session 1:** (ages 6-9): July 13-17
- **Session 2:** (ages 10-12): July 19-25

Eagle Outpost: (ages 14-15): August 3-9

Eagle Expedition: (ages 16+): August 9-16

Old Beagle: (open to adults and their families): September 12-14



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For more details and to register,
visit www.hfmich.org/camp



SPRINGFEST WEEKEND MEDICAL SUPPORT

In the event of a life-threatening emergency, dial 911 immediately. For all other medical concerns during SpringFest weekend, please contact our on-call nurse, Sarah Spencer at 616.844.8479. (Available 24/7, starting from Saturday, April 26, 9 am through lunch on Sunday, April 27.)

For non-emergency medical inquiries, including information about local medical care, contact the front desk of the Detroit Marriott Troy at 248.680.9797.